

My name is Allie Penrose, and I am currently a student in the Dalhousie University MPAS program. I am excited to submit my application for the CAPA Student Representative position, as I am deeply passionate about advancing the Physician Assistant profession in Canada.

For as long as I can remember, I have aspired to become a Physician Assistant. I was born and raised in Nova Scotia, so when Dalhousie University launched its PA program, I knew it was an opportunity I could not pass up. CAPA has played a critical role in advocating for the profession's growth, and I would be honoured to contribute to these efforts by serving as a liaison between PA students and CAPA's Board of Directors.

As the CAPA Class Representative, I have actively worked to enhance the student experience and promote the PA profession. My advocacy efforts include engaging with healthcare partners, government officials, and decision-makers to push for:

- Tuition relief and bursary programs
- Loan forgiveness initiatives
- Competitive signing bonuses and fair wages
- Expanded employment opportunities for PAs

Additionally, I have collaborated with the CAPA Director for Nova Scotia to explore contract negotiation workshops for newly graduated PA students.

I would love to expand many of these initiatives nationally through this role.

Beyond advocacy, I am committed to educating and engaging healthcare professionals about the critical role of PAs in interdisciplinary teams. Our student body has organized informational sessions to raise awareness, and with CAPA's support, I aim to expand these initiatives to reach a broader audience. Furthermore, I have participated in interviews and promotional videos showcasing the Dalhousie PA program and the skills we develop, further increasing visibility and engagement with the profession.

I am also eager to contribute to conference planning, which presents an exciting opportunity to shape educational and professional development sessions for PA students. Some ideas I would love to bring forward include:

- Case-based learning sessions
- Procedural training workshops
- Career development and networking panels
- Burnout prevention and wellness strategies

This role presents an incredible opportunity to support, advocate for, and connect PA students across Canada, and I am eager to bring my passion, experience, and innovative ideas to CAPA. Thank you for your time and consideration. I look forward to the opportunity to further strengthen student representation and engagement within CAPA.